

# Nurse Trail's GUIDELINES FOR ILLNESS



Please remember to follow these guidelines in determining when your child is healthy enough to return to school.

- Please continue to report COVID and Influenza cases and call for guidance to return.
- A doctor's note is needed for absences of 3 or more days. Parent notes are accepted for absences of 3 days or less.
- Students should be "fever-free" (less than 100.0 F) for a full 24 hours before returning to school. This is fever-free without the aid of medication such as Tylenol, Advil and Motrin. If your child has a fever today, keep them home tomorrow.
- Students should be able to tolerate foods/fluids for a full 24 hours following a "stomach bug" with vomiting and/or diarrhea and be symptom free for 24 hours. If your child is vomiting and/or having diarrhea one day, keep them home the next day.
- Students diagnosed with a strep infection or pink eye should have 24 hours of antibiotic treatment and improved symptoms before returning to school.
- A cough should be under good control.
- Thorough and frequent hand washing is encouraged.

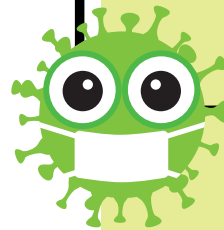


## REMINDER:

Medication can NOT be given in the nurse's office without a doctor's order and written parental permission. This includes prescriptions and over the counter medications.

### NO EXCEPTIONS

Students are never permitted to carry any type of medication to or from school. All medications must be dropped off to the nurse, in a labeled container, by an adult.



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